

Dr. Aakash Kembhavi



Senior Ayurvedic Physician-Scholar | Academic Administrator | Author & Publisher Hubli, Karnataka, India

CURRENT POSITIONS

- **Principal**, Jain AGM Ayurvedic Medical College & Hospital, Varur, Karnataka
- **PhD Guide**, Rajiv Gandhi University of Health Sciences (RGUHS), Bengaluru
- **Chief Editor**, International Journal of Ayurveda
- **Director**, Astanga Wellness Pvt. Ltd., Hubli (Publishing & Wellness Education)

QUALIFICATIONS

- **BAMS** (Bachelor of Ayurvedic Medicine & Surgery) — *Double Gold Medalist*
- **MD (Ayurveda)** — IPGT & RA, Gujarat Ayurved University, Jamnagar
- **PGDMLS** – Post Graduate Diploma in Medico-Legal Studies, Symbiosis University, Pune, Maharashtra
- **MS in Counselling & Psychotherapy**, Kuvempu University, Shivamogga

INTERNATIONAL ACADEMIC EXPERIENCE

- **Visiting Professor**, Thames Valley University, London, UK
- **Visiting Professor**, Europe Ayurveda Academy, France

ACADEMIC & RESEARCH CONTRIBUTIONS

- PhD Guide supervising postgraduate scholars at RGUHS
- Director of PG Studies overseeing research culture and curriculum at SJG Ayurvedic Medical College
- Chief Editor, *International Journal of Ayurveda* — established editorial infrastructure including submission guidelines, ethics policies, and peer reviewer guidelines
- Co-author and collaborator with Dr. Anita Kadagad Kembhavi (MD Kayachikitsa, MSc Yoga, MA Child Psychology) and Vd. Ayudha Kembhavi (BAMS), across multiple academic and publishing projects
- Board Member of Europe Ayurveda Academy, France
- Ex- Editorial Board Member of RJAS, RGUHS, Bengaluru
- Ex- Member, Board of Studies UG and PG for Pre and Para Clinical and Allied Health Sciences including Ayurveda at KAHER, Belgaum

- RGUHS, Bengaluru recognised PG and PhD Guide & Examiner for Research Methodology and Bio Statistics.
- Resource Person for the IV BAMS Shalya Tantra Syllabus Restructuring Workshop organised by the Rajiv Gandhi University of Health Sciences, Bengaluru
- Editorial Board Member of JONAM - Journal of Natural and Ayurvedic Medicine of MedWin Publishers, USA
- Member, Research Board of Ayurveda Council for Research, USA
- Reviewer of Journal of Research and Education in Indian Medicine
- Reviewer for Journal of Ayurveda and Integrative Medicine
- Reviewer for Annals of Ayurveda Medicine

PUBLICATIONS & BOOKS (Selected – Astanga Wellness Imprint, Amazon KDP)

- *Who Is John Galt of Ayurveda?* — Manifesto on Ayurvedic reform

DIGITAL & COMMUNITY INITIATIVES

- **Founder & Editor**, *Ayurveda Unfiltered* Blog (drkembhavi-s.github.io)
- **Founder**, *Ayurveda Unfiltered* WhatsApp Community (128+ members)
- Developer of GitHub-hosted web tools for Ayurveda education: clinical examination tools, differential diagnosis tools, pharmacovigilance tools, intern rotation generators, AFI formulary tools, E-logbook systems, and more
- Founder, Astanga Wellness Hub (website & wellness education platform)

AREAS OF EXPERTISE

- Ayurvedic Clinical Medicine (Shalya Tantra)
- Epistemology of Ayurveda & Evidence-Based Practice
- Research Methodology & Biostatistics in Ayurveda
- Ayurveda Education Reform & Curriculum Development
- Academic Publishing & Medical Writing
- Wellness Education, Yoga & Integrative Medicine
- Counselling & Psychotherapy

COLLABORATORS & FAMILY

- **Dr. Anita Kadagad Kembhavi** — MD Kayachikitsa, D.Y.S., D.Nat-Yoga(Ayu), YIC, MSc Yoga, MA Child Psychology; co-author and academic collaborator
- **Vd. Ayudha Kembhavi** — BAMS; Founder, Aaranya Ayurveda and Holistic Wellness Center, Bengaluru; co-author and collaborator

Nearly 35 years of experience spanning clinical practice, teaching, research, and academic administration in Ayurveda.